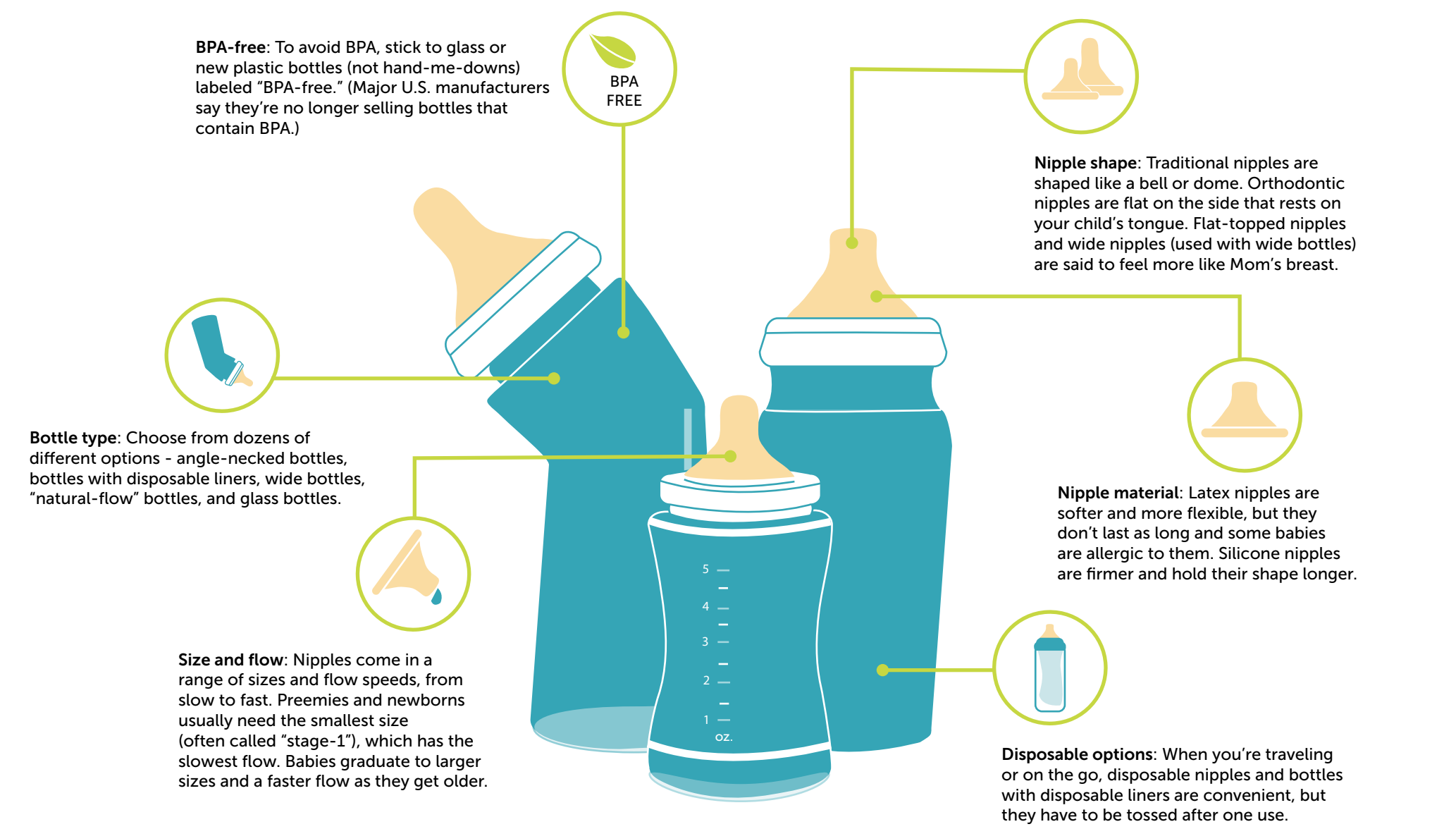


How to buy bottles & nipples

 <p>You'll use bottles and nipples if you bottle-feed your baby either breast milk or formula.</p>	 <p>Some babies prefer one type of nipple or bottle and refuse others - so wait and see what your baby likes before you stock up.</p>
 <p>Some bottles and nipples are better at preventing gas, colic, and spit-up or mimicking the feel of nursing.</p>	 <p>Accessories such as bottle warmers, insulated tote bags, bottle-drying racks, and dishwasher baskets for bottle parts can be helpful.</p>

What to look for when buying



BPA-free: To avoid BPA, stick to glass or new plastic bottles (not hand-me-downs) labeled "BPA-free." (Major U.S. manufacturers say they're no longer selling bottles that contain BPA.)

BPA FREE

Nipple shape: Traditional nipples are shaped like a bell or dome. Orthodontic nipples are flat on the side that rests on your child's tongue. Flat-topped nipples and wide nipples (used with wide bottles) are said to feel more like Mom's breast.

Nipple material: Latex nipples are softer and more flexible, but they don't last as long and some babies are allergic to them. Silicone nipples are firmer and hold their shape longer.

Bottle type: Choose from dozens of different options - angle-necked bottles, bottles with disposable liners, wide bottles, "natural-flow" bottles, and glass bottles.

Size and flow: Nipples come in a range of sizes and flow speeds, from slow to fast. Premies and newborns usually need the smallest size (often called "stage-1"), which has the slowest flow. Babies graduate to larger sizes and a faster flow as they get older.

Disposable options: When you're traveling or on the go, disposable nipples and bottles with disposable liners are convenient, but they have to be tossed after one use.

What to avoid



Nipples with cracks or tears
Check nipples every few months for signs of damage. Pieces can break off and become a choking hazard.



Nipple flow that's too fast or slow
Make sure your baby isn't having a hard time getting milk or getting so much that he's choking or spitting up.



Bottles with cracks, chips, or breaks
Your child could cut, pinch, or otherwise injure himself.



Older plastic bottles
Plastic bottles deteriorate over time, so replace them regularly.

What it's going to cost you

Bottles cost about
\$1 to \$10 each
 Nipples cost about
\$2 to \$4 each

For more information about choosing bottles and nipples, visit babycenter.com/bottle-feeding.